

Approved Formulas List
for California Women,
Infants and Children (WIC)
Program Families

Substitutions for 12.9 oz Enfamil A.R. Powder Formula



Updated June 1, 2022 — WIC families unable to find their regular formula can temporarily mix and match newly approved formulas in the list below.

- Shop at WIC approved grocers. Find WIC grocers at [MyFamily.WIC.ca.gov](https://www.MyFamily.WIC.ca.gov).
- Try to find your regular formula first.
- Scan the product with [your California WIC App](#) to confirm it is approved before checking out at the register.
- You can buy more than one kind of formula if it is on the list.
- Larger containers will use more of your benefits because they make more formula.



If your benefits say “12.9 oz Enfamil A.R. Powder,” you can buy any of the 7 formulas listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Enfamil	Enfamil A.R. Powder 12.9 oz	1
	Enfamil A.R. Powder 19.5 oz	1
	Enfamil A.R. Powder 27.4 oz	2
	Enfamil A.R. Powder 30.4 oz	2
Parent’s Choice	Parent’s Choice Added Rice Starch Powder 32.2 oz	2
Tippy Toes	Tippy Toes Added Rice Starch Powder 21.5 oz	1
Up & Up	Up & Up Added Rice Starch Powder 32.2 oz	2



California Department of Public Health, California WIC program
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