



La Leche League
of Solano County

Baby and Me Groups

*Pregnant? A new mom? Questions about breastfeeding?
Ask real people (not Google) what works, what doesn't, and options to try
A perfect place to connect with new moms at all stages of motherhood.*

Please call to confirm time to get your link to the Zoom meeting!

Agency/Contact #:	Language/Date:	Time:	Location:
La Leche League Becca: (707) 628-1463	English – 1 st Tuesday http://tinyurl.com/SolanoLLL	10:00-11:30 AM	Google meets
La Leche League Jeanette: 707-469-0705	English or Spanish 2 nd Tuesday http://tinyurl.com/SolanoLLL	7:00-8:30 PM	Zoom
La Leche League Jeanette - (707) 469-0705	English or Spanish 4 th Wednesday http://tinyurl.com/SolanoLLL	9:00 – 10:30 AM	Zoom
A More Excellent Way Health; for ALL moms Monique: 319-7489	4 th Saturday www.mewpeers.org	10:00 -11:00 AM	Zoom

Travis Air Force Base families:

Agency/Contact #:	Language/Date:	Time:	Location:
Amanda Glover 602-320-2073 (call or text) Glover_Amanda@yahoo.com	English – 2 nd Tuesday Facebook: Travis AFB Breastfeeding Support Group	Ask questions anytime	Facebook

Solano County La Leche League
([Facebook](#))

**The Breastfeeding Coalition
of Solano County**